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Sailors man the rails onboard the guided-missile frigate USS Crommelin (FFG 37) as she departs Naval Station Pearl Harbor for a scheduled six-month deployment as part of the Mid-Pacific Surface Combatant Operational Employment program on June 15. The program calls for all 11 Hawaii-based surface combatants to focus on the western Pacific Ocean by conducting intermediate and advanced training and scheduled deployments in the western Pacific Ocean.

USS Crommelin departs for western Pacific deployment

Story and photo by MC2 Robert Stirrup

Navy Region Hawai'i Public Affairs

More than 200 Sailors aboard the guided-missile frigate USS Crommelin (FFG 37) departed Naval Station Pearl Harbor for a scheduled six-month deployment to the western Pacific on June 15.

While on deployment, Crommelin will be supporting the Mid-Pacific Surface Combatant Operational Employment program and participate in the annual Cooperation Afloat Readiness and Training Exercise to expand and sharpen maritime security through shared training with six Southeast Asian nations.

Crommelin will also be working with the U.S. Coast Guard to monitor and deter illegal, unreported and unregulated fishing in the central and western Pacific. The partnership is designed to protect the fragile ecosystems of oceania along with enforcing maritime laws.

Cmdr. Kevin Parker, Crommelin's

See USS CROMMELIN, A-8

SDVT-1 cleans up Honolulu Harbor on World Oceans Day

Grace Hew Len

Navy Region Hawai'i Environmental Public Affairs Officer

It was a day to celebrate the ocean for 30 Pearl Harbor-based Navy SEALs, divers and support personnel from SEAL Delivery Vehicle Team One (SDVT-1). Their mission was to perform light salvage operations to remove debris from the ocean's bottom at Pier 7 along scenic Honolulu Harbor, Hawai'i's largest commercial harbor.

It proved to be a rewarding and meaningful experience for the Navy's elite maritime special forces, who became harbor heroes on June 8, the first United Nations World Oceans Day.

World Oceans Day, celebrated by many countries since 1992, became an officially recognized UN annual observance this year. The global event every June 8 creates awareness about our world's oceans and our connections to the sea. For SDVT-1, the "special operation" was a fitting way to share their talents and skills to help clean up Hawaii's harbors.

SDVT-1's executive officer said the event offered them an opportunity to give back to the community by doing what they do best - diving. Jeff Lansdown of the Wikoliana harbor stewardship program and coordinator of the cleanup, wholeheartedly agreed. "The SEALs and Navy divers are connected to the ocean and are the best so I invited them and feel privileged that they accepted," said Lansdown, who worked with the state Department of Transportation's harbors division and local volunteers and businesses to coordinate the successful event, which he believes is the first organized harbor stewardship event in Hawai'i.

SDVT-1's executive officer relished the

See SDVT-1, A-4



A Sailor assigned to Pearl Harbor-based SEAL Delivery Vehicle Team One (SDVT-1) prepares to enter Honolulu Harbor during Honolulu's World Oceans Day event on June 8. More than 25 SDVT-1 personnel took part in the annual event to help pick up trash and debris off of the ocean floor.



Pearl Harbor Navy Lodge wins Carlson Award

MC2 Robert Stirrup

Navy Region Hawai'i Public Affairs

Navy Exchange Service Command (NEXCOM) presented the Pearl Harbor Navy Lodge with the Edward E. Carlson Award, large category, at the Navy Lodge onboard historic Ford Island on June 11

It was recognized as the Carlson Award winner for the second time, making it the top Navy Lodge for 2008

Michael Brockelman, vice president of the Navy Lodge program, was on hand to present the award. "It is with great honor that I'm able to present this award to all of you who make this Navy Lodge the best Navy Lodge in the world," said Brockelman. "You all have done an outstanding job with the upkeep of this lodge, making it absolutely beautiful, and you've also done a great job of accommodating all of the guests, service members and their families."

Capt. Richard Kitchens, commanding officer of Naval Station (NAVSTA) Pearl Harbor, was in attendance at the ceremony to accept the award.

"None of this would be possible without the tremendous amount of work that everyone who is involved puts into making this Navy Lodge stand out above the rest," said Kitchens.

During the ceremony, more than 35 of the Navy Lodge's employees were individually presented with awards for their contributions.

"This is a great accomplishment for Pearl Harbor's Navy Lodge," said Beverly Hudgins, vice president and district manager, Navy Exchange Hawai'i. "All of the credit goes to management as well as all of the employees for bringing the Carlson Award back to Hawai'i."

At the conclusion of the ceremony, Brockelman thanked all of Pearl Harbor's Navy Lodge employees for their work.

"I appreciate everything that you all do on a daily basis, and I see nothing but great things in the future for NAVSTA Pearl Harbor's Navy Lodge," he said.

The Edward E. Carlson Award was established to recognize the Navy Lodges' excellent performance in operations and customer service. NEX-COM presents this award annually to Navy Lodges that demonstrate superior performance throughout the year.

roughout the year.
(See additional photo on Page A-5.)



Navy Exchange receives highest honor

Story and photo by Mark Smith Navy Exchange Marketing

The Mall at Pearl Harbor has done it again. In early June, Navy Exchange Command announced the winners of the prestigious Bingham Award and once again, the Pearl Harbor Navy Exchange

(NEX) has come out on top.

For the third year in a row, the NEX was awarded Super Stores Sales Category – the highest honor – breaking all records Navy-wide and boasting sales of up to \$290 million. Since 2000, the NEX has earned by the best since 2006.

three years back to back since 2006.

The Bingham Award program was established to recognize excellence in customer service, operations and management. It promotes competition between the various NEX locations worldwide and encourages associates to provide the best quality care to Sailors and their families.

The award will be presented to the NEX in a ceremony scheduled in July.



USS Key West deploys to western Pacific region See page A-2



Pearl Harbor Shipyarders support Special Olympics games see page A-4



Emeril salutes military, signs autographs at Pearl Harbor see page A-7



Youth get a kick out of soccer camp See page B-1

USS Key West deploys to western Pacific region

Story and photo by MC3 Luciano Marano

 $Commander\ Submarine$ Force U.S. Pacific Fleet Public Affairs Office

The Los Angeles-class fast attack submarine USS Key West (SSN 722) departed Naval Station Pearl Harbor for a regularly-scheduled deployment to the western Pacific region on June 10.

"The crew is very excited to get underway," said Electronics Technician Senior Chief (SS) Timothy Preabt, Key West chief of the boat. "This is our first deployment since we came out of the shipyard a year

Commissioned in 1987, Key West is the third ship of the United States Navy to be named after the Florida city.

Los Angeles-class submarines are ideally suited for covert surveillance, intelligence gathering and special forces missions.

This stealth, when combined with the submarine's Tomahawk cruise missiles, mines and torpedoes, provides the operational commander with an unseen force



The Los Angeles-class attack submarine USS Key West (SSN 722) departs Naval Station Pearl Harbor for a scheduled deployment to the western Pacific

Navy, Air Force continue transition toward joint base

Joint Base Pearl Harbor Hickam

The first edition of the Joint Base Pearl Harbor (JBPHH) Hickam newsletter, "Transitions," which was released on June 12, included a welcome memo from Capt. Richard Kitchens, commanding officer of Naval Station Pearl Harbor, and Col. Giovanni Tuck, commander of 15th Airlift Wing at Hickam Air Force Base.

Kitchens has been prospectively identified as the joint base commander. The deputy joint base commander will be filled by an Air Force offi-

Joint bases are led by a joint base commander, or JBPHH that position will be filled by a naval officer since the Navy has been identified as the lead agency for the joint base.

Ultimately, it is the JBC who is dedicated to the delivery of installation support across the entire joint base. The JBC has the authority and responsibility for effectively using available resources for planning, organizing, directing, coordinating and controlling the delivery of installation support as described and detailed in the Memorandum of Agreement between the Navy and the Air Force.

Command authority will reside with the JBC effective Jan. 31, 2010 JBC, and in the case of when initial operational formation/index.asp.

capability (IOC) will start. During the period between IOC and full operational capability (FOC) on Oct. 1, 2010, installation support functions currently being conducted at Hickam AFB will begin phased transition to the joint base.

Not all functions will transfer at the same time, and not all functions will transfer on Jan. 31, 2010. As the functions are transferred, the JBC will assume direct responsibility and authority for the performance of those functions.

For more information about Joint Base Pearl Harbor Hickam, visit: http://www2.hickam.af.m il/library/joint-basingin-

Ford Island Bridge closure on June 24

The Admiral Clarey (Ford Island) Bridge will be closed to traffic between 8:30 and 8:40 a.m. June 24 for maintenance. Motorists should be aware of the travel plans.



Correction

In the June 12 edition of Hawai'i Navy News on page A1, USS Reuben James' commanding officer was identified as Cmdr. Kevin Parker. Parker is the commanding officer of USS Crommelin. Cmdr. Joseph Naman is the commanding officer of Reuben James. We apologize for the error and any inconvenience this may have caused.



Contact the HNN editor for guidelines and story/photo submission requirements:

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Hawaii Navy News



Navy ews Editorial

Navy suspends bonus program for remainder of fiscal year

Chief of Naval Personnel Public Affairs

Based on the number of Sailors who have enlisted this year under the selective re-enlistment bonus program (SRB), the Navy reached its congressional authority funding limit for this fiscal year.

More than 10,000 Sailors have re-enlisted with a reenlistment bonus. Accordingly, the Navy has suspended the SRB program for the remainder of the fiscal

SRB requests received by Navy Personnel Command-811 prior to the release of NAVADMIN 176/09 through Officer Personnel Information System will still be processed. Less than 685 Sailors remain in the eligibility window to re-enlist with a SRB this fiscal year.

"The Navy will continue its strong commitment to the SRB program, and it remains a critical component of our overall retention efforts," said Vice Adm. Mark Ferguson, chief of naval personnel. "I want to assure Sailors that the SRB program will continue to be available next fiscal

SRB award levels for the next fiscal year for qualifying Sailors in specific ratings and NECs will be announced via NAVADMIN later this sum-

SRB is a dynamic marketbased incentive designed to retain those Sailors in the Navy's most critical ratings and NECs.

"This bonus is just one piece of Navy's world-class pay and compensation package, and we will continue to work to maintain and improve this package that sustains our Navy," said Ferguson.

U.S. Navy photo by MCSN Rachel N. Clayton Sailors from the reactor department re-enlist in the forecastle of the aircraft USS Washington (CVN 73).





U.S. Navy photo by MC3 Jhi Scott

Chief of Naval Operations (CNO) Adm. Gary Roughead discusses summer safety issues in an interview with Mass Communication Specialist 2nd Class (SW) Rebekah Blowers. The interview will be used to produce upcoming podcasts, which will be available for download on www.navy.mil.

Force stabilization measures taken carefully, CNO says

MC2 (SW) Rebekah Blowers

Chief of Naval Operations Public Affairs

The chief of naval operations (CNO) recorded a podcast June 11 to continue his conversation with the fleet about force stabilization.

Adm. Gary Roughead, CNO, discussed changes in the selective re-enlistment bonus (SRB) program, special duty assignment pay (SDAP) program and an update on permanent change of station (PCS) moves. The purpose of the podcast was to assure Sailors and their families that the Navy is taking the rights steps to size, stabilize and structure the force now and in the future.

"What we do with regard to our pay and bonuses and special duty assignment pays is to make sure that we retain the very best Sailors with the right skills that our Navy needs today and will need in the future. It's to keep the force balanced with the right seniority, the right experience and the right skill sets. And it's also to focus on performance and advancing the careers of our top performers," Roughead

CNO referenced the SRB NAVADMIN 176/09 released June 10, as well as the SDAP program, PCS moves and sevother related messages available http://www.npc.navy.mil/ReferenceLibrary/Messages/.

To listen to the podcast, visit http://www.navy.mil/media/audio/cno/CNO%20FORCE%20 STABILIZATION%20REDO%20WEB%20.mp3

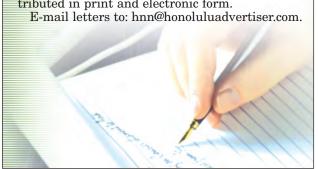




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All letters must be accompanied by the writer's name, E-mail address and daytime telephone number. Letters are subject to editing to meet space constraints.

Letters and articles that are submitted to Hawai'i Navy News may be published and/or distributed in print and electronic form.



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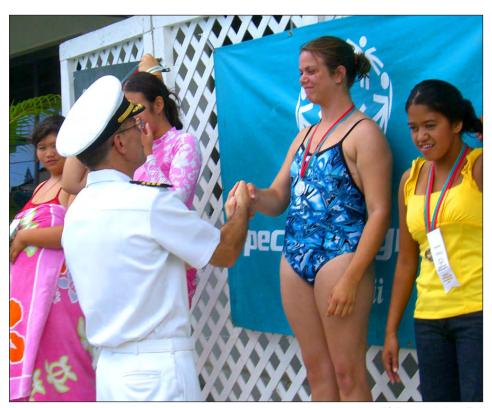
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U.S. Navy photo by Yvette Flynn

Capt. Gregory Thomas, commander of Pearl Harbor Naval Shipyard, congratulates athletes on their winning performances while competing in swimming events at the Special Olympics State Summer Games May 29-31 at the University of Hawai'i-Manoa campus. (Additional photo on page A-5)

Pearl Harbor Shipyarders support Special Olympics games

Pearl Harbor Naval Shipyard Public Affairs

An unexpected surge in volunteers made it possible for Pearl Harbor Naval Shipyard to expand its support of the Special Olympics Hawai'i statewide Summer Games on May 30-31 at the University of Hawai'i-Manoa campus.

"The response was overwhelming," said Yvette Flynn, shipyard administrative officer, who coordinated the command's signup of volunteers. The usual number is about 150, but this time 206 employees, family members and friends of the shipyard turned out.

The shipyard contingent, clad in bright orange T-shirts, represented 11 departments,

five shops, two naval shipyards, 34 local schools and five colleges.

"The shipyard 'owns' the swimming venue, where we time, record, cheer, escort, stage, and otherwise keep the swimming heats running smoothly," Flynn said. However, with the added volunteers, "We helped out at the healthy athlete venue and with hospitality," she graid

The former was a wellness fair for the athletes while the latter consisted of distribution of food and beverages for all volunteers at the summer games.

The swimming events started on "a special, albeit somber, note," Flynn noted. Those assembled paid tribute to Zach Mar, a familiar face over the years to repeat volunteers and a multiplemedal winner at the 2007 Special Olympics World Summer Games in Shanghai.

A year-round swimmer, he passed away in January after a practice session in preparation for these games. A pool-side banner encouraged the athletes to "Do it like Zach" by giving their all and cheering for their fellow competitors.

Flynn expressed appreciation to all the volunteers for their service to the athletes. At the closing ceremonies at the aquatic complex, Nathan "Kaipo" Punahele, nuclear engineer, sang "Hawai'i Aloha" as everyone linked hands and swayed in unison to the song of blessing and joy.

SDVT-1 gives back to the community

Continued from A-1

opportunity. "We at SDVT-1 were excited and appreciated the chance to give back to the community by helping clean out the waters of Hawai'i," he said. He noted the team's experienced divers are very skilled in salvage and the newer divers received valuable training in a safe, controlled location to hone their skills and gain experience.

Cleanup preparations began at 9 a.m. at Pier 7, located near the Aloha Tower and steps from downtown Honolulu. With boats and ships calmly gliding across the harbor, Navy SEALs, divers and support personnel quickly unloaded their equipment to prepare for the cleanup, which

included open circuit scuba gear, lift bags, salvage buckets and boom trucks. Beginning at 10 a.m., divers took turns jumping off the side to scan the ocean to retrieve discarded junk that had collected on the bottom of the harbor.

What they found on the ocean's bottom was an interesting array of items, including a kitchen sink and a newspaper stand. Tractor tires, road cones, stereos, a bicycle, boat motor, and wood and steel window framing were also hoisted to the surface using lift bags and cranes. During the eight hours of "bottom" time, the Navy team managed to retrieve more than 1,500 pounds of recycled debris, which will be recycled locally and proceeds donated to local schools.

Much of the debris has sat there for decades. "Before the 1980s, people didn't think much when it comes to dumping," said Lansdown. Today, society has become more environmentally conscious with a greater effort to recycle rather than pollute.

For SDVT-1, the rewards of the mission were priceless: valuable training, cooperative teamwork, global conscientiousness and community service. Through active partnerships and volunteers from the Navy, state of Hawai'i, schools, community and the private sector, the World Oceans Day event in Hawai'i and others like it will generate enthusiasm to show that World Oceans Day is each day, every day.

What can you do to celebrate our oceans?

World Ocean Day was established by the United Nations to help create awareness about our seas, their importance to people, and the growing threats they face. Lynne Hale, director of the Nature Conservanc's global marine program, said, "Recent studies about the threatened state of our oceans serve as an important reminder there are small and tangible steps that each of us can take to help reduce our impacts."

The Nature Conservancy suggests:
•Reduce plastic consumption with reusable shopping bags, water bottles and utensils.

• Make informed seafood choices.

- Dispose of chemicals properly. Never pour chemicals, pharmaceuticals, oil or paint into the drain or toilets. Check with your county's household hazardous waste program to properly dispose of or recycle chemicals and keep them out of rivers and oceans.
- Choose green detergents and household cleaners.
- •Get the dirt on your beachside retreat. Before you stay in a hotel on

the coast, ask staff what happens to their sewage and swimming pool water and if they source their restaurant fish from sustainable sources.

- •Find out the source of your food. Buying local, organic food reduces your carbon footprint, supports the local economy, and reduces the amount of pesticides and fertilizers that can run off into rivers and oceans.
- Fill your yard with native species. Reducing the amount of grass in your lawn by planting native shrubs and flower beds will provide a better habitat for birds and other wildlife and require less water and fertilizer, which can run off into rivers and oceans.
- Keep your beach visit clean. Stay off fragile sand dunes, take your trash with you, and leave plants, birds and wildlife for everyone to enjoy.
- •Choose alternatives to coral when shopping for jewelry, household decor or accessories for fish tanks. Celebrate our oceans.

Pearl Harbor Highlights



U.S. Navy photo by MC2 Robert Stirrup

Michael Brockelman, vice president of the Navy Lodge program presents, the Edward E. Carlson Award to Capt. Richard Kitchens, commanding officer of Naval Station (NAVSTA) Pearl Harbor, to recognize the Navy Lodges' excellent performance in operations and customer service. NEXCOM presents this award annually to Navy Lodges that demonstrate superior performance throughout the year.



U.S. Navy photo by Yvette Flynn

Vanessa Rapoza, Pearl Harbor Naval Shipyard volunteer and physical science technician, shouts encouragement to athletes competing in swimming events at the Special Olympics State Summer Games on May 29-31 at the University of Hawai'i-Manoa campus.

(Left) Capt. Kerry Gilpin, commander, Destroyer Squadron 21, and Cmdr. Chuck Good, commanding officer, USS Kidd (DDG 100), salute during a wreath-laying ceremony at the USS Arizona Memorial on June 5. Kidd is named for Rear Adm. Isaac C. Kidd, a Medal of Honor winner who was killed aboard USS Arizona during the attack on Pearl Harbor. Kidd is part of the John C. Stennis Carrier Strike Group and was in Pearl Harbor for a port visit as part of a scheduled six-month deployment.

U.S. Navy photo by Ensign Alexis F. Steele



(Right) Cmdr. Chuck Good, commanding officer, USS Kidd (DDG 100), re-enlists Sailors during a wreath laying ceremony at the USS Arizona Memorial on June 5. Kidd is named for Rear Adm. Isaac C. Kidd, a Medal of Honor winner who was killed aboard USS Arizona during the attack on Pearl Harbor. Kidd is part of the John C. Stennis Carrier Strike Group and was in Pearl Harbor for a port visit as part of a scheduled six-month deployment.

U.S. Navy photo by Ensign Alexis F. Steele

(Below) The Republic of Singapore Navy frigates RSS Stalwart (72) and RSS Intrepid (69) and tank landing ship RSS Endeavour (210) maneuver in formation with the dock landing ship USS Harpers Ferry (LSD 49) and guided-missile destroyers USS Chafee (DDG 90) and USS Chung-Hoon (DDG 93) during the at-sea phase of Cooperation Afloat Readiness and Training (CARAT) 2009. CARAT is a series of bilateral exercises held annually in Southeast Asia to strengthen relationships and enhance the operational readiness of the participating forces.

U.S. Navy photo





Umpires make call for more officials, plan umpire clinic

Story and photo by Randy Dela Cruz

Contributing Writer

It may look like hard work, but Walter Yamatsuka promises that umpiring girls fast-pitch softball for the Amateur Softball Association (ASA) is not only a great way to help children, but is also a fun opportunity to make some extra cash as well.

A veteran umpire of 15 years, Yamatsuka is hoping to get others hooked on the delights of calling balls and strikes by holding an umpire clinic, from 8-10 a.m., at Nimitz Field at Naval Station Pearl Harbor on June 20.

Interested guys and gals, who are at least 12 years of age, are welcome to attend the two-hour class, which, said Yamatsuka, could start a journey that takes individuals through youth softball all the way up to calling games involving collegiate teams.

Pearl Harbor, through Morale, Welfare and Recreation, has a girls' softball program that participates in the ASA competitive

During the umpire clinic, Yamatsuka informed that he, and fellow long-time umpire Warren Okinaka, would go



An umpire makes a call during an OIA softball playoff game between the Leilehua Mules and Campbell Sabers. Veteran umpires Walter Yamasaki and Warren Okinaka will hold an umpire clinic at Nimitz Field at Naval Station Pearl Harbor on June 20. The clinic, which runs from 8-10 a.m., is for individuals who are interested in umpiring youth, high school or collegiate games.

over the proper signals for balls, strikes and outs, and how to get into the right position to make accurate calls.

"It's a short time, so we'll just go over the basic mechanics," noted Yamatsuka. "But after the clinic, they may apply what they learned right away by participating in a game."

Yamatsuka explained that with the number of fastpitch

youth leagues increasing almost yearly, the demand for people willing to help out by umpiring has never been higher.

Playing softball has gone beyond seasonal boundaries, with communities all over the island now enjoying the sport throughout the year.

In addition, with the recent overlapping of the high school varsity baseball and softball seasons, Yamatsuka said that it seems as if there can never be enough umpires.

"These girls, they don't get tired of playing," said Yamatsuka with a laugh. "There's no such thing as playing three months and resting for the rest of the year. So that's why I do it. They can't play without umpires."

And for those that really want to get into it, there are plenty of chances to work a game and get paid.

According to Yamatsuka, a single umpire for a U8 girls game can make up to \$30, while umpires for high school games can earn \$25 for base work or \$30 if they are behind the plate.

Games at the collegiate level, such as contests involving the University of Hawai'i, can pay up to \$125.

"During a single weekend, a person can work up to four games," said Yamatsuka. "So there are opportunities to make money."

Plus, Yamatsuka acknowledged that there are other perks as well. Each year, the veteran umpire flies up to the mainland to participate in several pre-collegiate scholarship tournaments, such as the Triple Crown Colorado Sparkler Tournament, which is held annually in Westminster, Colo., and the Fastpitch World Series, which

is held in Park City, Utah. Yamatsuka has al umpired at the ASA Hall of Fame Stadium in Oklahoma City, Okla.

Although those trips are paid for out of pocket by Yamatsuka, he pointed out that his lodging is completely taken care of by whichever tournament he works.

"I take my wife with me and we have a nice vacation," he said. "In the past three years, I've spent about five weeks (each year) at those tournaments."

Even with the benefits, Yamatsuka said that he could understand why someone who is interested might still be a little intimidated about putting on the blue uniform.

However, he encourages them to give it a try. No one will be forced to take on more than he or she can handle, and while getting their feet wet, each rookie will always be paired with a veteran.

"The main thing is to always go out there and have fun," he said. "And make sure the girls have fun. too."

For more information about the umpiring clinic, call Yamatsuka at 295-4707 or Okinaka at 927-1360.

Emeril salutes military, signs autographs at Pearl Harbor

Mark Smith

Navy Exchange Marketing

Fans of world-renowned chef, Emeril Lagasse, showed up in mass for a chance to meet the culinary celebrity at the Battleship Missouri Memorial for a book signing and live cooking demonstration on June 14.

As a part of his book tour to promote his recent work, "Emeril at the Grill: A Cookbook for All Seasons," Emeril made Hawai'i a priority stop to meet and greet with members of the armed services.

"I've been coming to Hawai'i for 25 years and I have a lot of friends here," said Lagasse during the book-signing session. "I've been doing a lot of shows for the military lately, and I have a lot of love and respect for our men and women in uniform who are out there every day watching out for ""."

"It just so happens that today is Flag Day," he added. "What a beautiful day to come out here and do this."

After arriving at the Battleship Missouri Memorial, Emeril met with fans and signed autographs.



U.S. Navy photo by MC3 (AW) Eric J. Cutright

Chef Emeril Lagasse signs autographs for his fans at a Navy Exchange sponsored event. Emeril is the host of the cooking show Emeril Green, which airs on the Discovery Channel.

Although the book signing ended at 4:30 p.m., Emeril stayed behind until all auto-

graphs were signed.
"I thought he was extraordinary," said Joy Oshiro,

store manager for the Navy Exchange who helped to coordinate Emeril's visit. "His intent was to give back to the military and their families and that's what he delivered."

Military dignitaries and special guests were invited aboard the Battleship Missouri Memorial after the autograph session for a live cooking demonstration, in which Chef Lagasse prepared a menu of local style drinks and seafood recipes from his new book.

Emeril is the best selling author of 12 cookbooks. He is a food correspondent for Good Morning America and has established himself as a popular television personality with shows like Emeril Live, which is currently in syndication on the Food Network, and his new show, Emeril Green, which airs on the Planet Green network.

He is the founder of 10 popular restaurants in Las Vegas, New Orleans, Miami and Gulf Port, Miss. He established the Emeril Lagasse Foundation, which promotes educational programs for children.

Emeril's new book contains more than 150 recipes for indoor and outdoor grilling and covers everything from drinks to salads, meats, and desserts.

For more information on Emeril, products, books and more, visit his official Web site at www.Emerils.com.



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Summer safety message from DLNR: Be safe on the water watch out for dive flags

State of Hawai'i, Department of Land and Natural Resources

The Department of Land and Natural Resources (DLNR) is conducting a pilot project to improve diving and boating safety in Hawai'i waters this summer.

"To help increase public awareness of safety rules concerning divers and the use of dive flags, DLNR will be giving away dive flags that meet state requirements during the summer months of June, July and August. We will also be placing informational fliers in small boat harbors and dive shops statewide," said Laura H. Thielen, DLNR chairperson.

"In recent years, DLNR has been alerted to cases in which vessels are running over dive flags while at cruising speeds. Boaters should be on the lookout for dive flags and steer well clear of them. Divers also have the responsibility of marking their dive locations. Saving lives is the reason we have this rule in place," said Thielen.

"Dive flags can sometimes be difficult to see in rough seas. It is very important for vessels operating in our waters to designate a lookout whenever possible," said Thielen. "This will help vessels avoid divers in the water and also whales, dolphins, turtles and other marine life and large floating objects."

The flags are being given away in random, weekly drawings to Hawai'i resi-

Anyone wishing to enter the drawing for these free

dive floats should send a postcard or index card in an enclosed envelope with their contact information (phone number and e-mail address) and mailing address to: Dive Flag Drawing, in care of the Division of Boating and Ocean Recreation, 333 Queen St. Suite 300, Honolulu, Hawai'i, 96813.

Interested parties may enter as often as they wish. There is a limit of one dive flag per person. Winners will be notified by phone or email. DLNR employees and their family members are not eligible.

"Planning for summer ocean recreation is also a good time to remember to practice safety in and on the ocean. Having and using safety gear properly and knowing the rules can prevent accidents and save lives, and ensure that you and other ocean users can enjoy these activities for a long time," said Thielen.

The dive flags and fliers are being paid for through a grant from the U.S. Coast Guard which all states receive as mandated by law to provide boaters with safety equipment and educational information. No state funds are being used.

For more information about safe boating and diving rules, visit the Division of Ocean Boating and Recreation (DOBOR) Web site

www.hawaii.gov/dlnr/dbor/ http://www.hawaii.gov/dlnr/ dbor/> or call DOBOR on Oahu at 587-0142. To report boating or natural resources violations call 643-DLNR

USS Crommelin sets course for CARAT

Continued from A-1

commanding officer, was very optimistic about the deployment, noting that the crew was extremely prepared for the tasks ahead.

"The crew is more than ready to fulfill their duties and responsibilities," said Parker. "We are looking forward to providing a forward presence throughout Southeast Asia along with conducting training exercises with foreign navies."

Even while Crommelin Sailors were sad to say goodbye to their families, they were ready for the challenges that may lay ahead.

"It is always difficult to leave my family for an extended period of time, but that is the nature of my job," said Aviation Ordnanceman 2nd Class Kevin Pressren, assigned Helicopter Anti-Submarine Squadron Light 37 embarked on Crommelin. "This is something I'm used to since this is my third deployment, but it's never easy to say goodbye."

Friends and families waved farewell from the pier as they watched their Sailors aboard Crommelin depart Pearl Harbor enroute to the Pacific Ocean.

"I'm sad to see my husband leave, but I know that this is his job and I can't wait until he gets back," said the wife of a Crommelin Sailor.

"It's not the greatest thing to see him leave, but it is something that I'm used to and I just look forward to having him back home," added the wife of another Crommelin Sailor.

Crommelin is a versatile, multi-mission warship, able to execute a variety of war fighting



U.S. Navy photo by MC2 N. Brett Morton

Sailors' family members watch as the Oliver Hazard Perry-class, guided missile frigate, USS Crommelin (FFG 37) departs Naval Station Pearl Harbor on June 15 in support of the Mid-Pacific Surface Combatant Operational Employment program and to participate in the annual Cooperation Afloat Readiness and Training (CARAT) Exercise.

to escort and protect convoys, underway replenish-

tasks. Originally designed landing groups and carrier battle groups, her multiple warfare systems, combined ment groups, amphibious with her quick reaction

and high speed capability, make her a valuable asset in today's multi-threat

Dive flag rules

Divers are required by law to use a dive flag when diving or swimming underwater in navigable waters of the state. Divers are also required to surface within 100 feet of their flags while in open waters and

within 50 feet of their flags in navigable streams. A dive flag is a red flag, measuring not less than one square foot, with a white diagonal strip running from the upper left hand corner to the lower right hand corner (from masthead to lower outside corner).

The flag may be attached to a float or mounted on the highest point of a vessel being used as a platform up to 16 feet in length and visible from all directions. Vessels over 16 feet must display a 20-inch-by-24inch dive flag along with a blue alpha flag mounted at the highest point of the vessel and visible from all directions. An alpha flag is a blue flag with a white horizontal strip running from the upper left side to the lower left side. It is the international signal for a diver down.

All vessels (boats and personal watercraft) are prohibited from approaching within 100 feet of a displayed diver's flag in open waters and 50 feet in a navigable stream unless conducting scuba, snorkeling or free diving activities. These vessels may approach within the restricted area of a dive flag at a speed of slow-no-wake.

Failure to employ a dive flag and violating the noapproach/slow-no-wake zone around a dive flag is punishable by up to six months in prison and/or a fine of up to \$1,000.

Plan ahead to ensure a smooth move during peak season

Commander, Fleet & Industrial Supply Centers Public Affairs

The peak season for arranging household goods moves is now in effect at Commander, Fleet and Industrial Supply Centers '(COMFISCS) personal property shipping offices (PPSOs).

PPSOs handle approximately 25,400 inbound and outbound shipments during this time of year.

Personal property staff members emphasize the importance of planning early and thoroughly to ensure the stress-free movement of personal property. It is highly recommended that customers set up a move date as soon as possible upon receipt of permanent change of station (PCS) orders.

Moves will not be scheduled for pick-up on holidays and weekends. Follow the tips below to avoid incurring



U.S. Navy photo by Yohsuke Onda

A household goods counselor at U.S. Fleet and Industrial Supply Center Yokosuka helps a shipmate plan his next permanent change of station (PCS) move through SmartWeb Move. SmartWeb allows Sailors to schedule their PCS from their own computer, reducing paperwork and saving time.

debts for government-directed moves and staying within authorized weight allowances.

•Dispose of unwanted articles. Shipping unneeded

articles is needlessly expensive; shipping costs vary based on destination, region or country.

•Claim professional books, papers and equip-

ment (PBP&E), also referred to as pro gear. Declare all PBP&E weight, even if estimate is within the weight allowance. Check to ensure the weight is reflected on the DD Form 1299 prior to pick-up. Separate the PBP&E before the transportation service provider (carrier) arrives, as they must mark and weigh the pro gear. Check the inventory form periodically to ensure the carrier annotates PBP&E accurately. •Pay attention to weight

estimates. Remember, weight estimates made by carriers or personal property counselors are not binding; they are for planning purposes only. Excess costs are based on the actual weight of unpacked and uncrated household goods and cannot be accurately determined until the shipment is packed, picked up and weighed at a certified scale.

• Request a reweigh if the pre-move survey estimate is

more than the maximum allowance. If a shipment is picked up and exceeds the weight allowance, ask the destination PPO to reweigh the shipment. Reweighing the shipment will not cause any increase in excess cost.

Overseas weight restricted areas: If moving to, from or between an administratively weight restricted area, ensure any additional weight allowances are approved before shipping. Contact the local PPO for more information.

For information concerning a move, customers may call toll free 1-800-444-7789, commercial (757) 443-1719, or DSN 646-1719 to speak to a personal property customer service representative.

COMFISCS provides an array of integrated global logistics and contracting services to Navy and Joint operational units across all warfare enterprises.

COMFISCS is responsible

for facilitating best business practices and efficiencies across the seven FISCs located in San Diego; Norfolk, Va.; Jacksonville, Fla.; Yokosuka, Japan; Pearl Harbor, Hawai'i, Bremerton (Puget Sound), Wash.; and Sigonella, Italy; and for optimizing the performance of base supply functions and standardizing levels of service across 11 regions and 77 Navy installations.

COMFISCS comprises more than 7,500 military and civilian logistics professionals, operating as a single cohesive team providing global logistics services from nearly 135 locations worldwide.

A component of the Naval Supply Systems Command, headquartered in Mechanicsburg, Pa., COM-FISCS is part of a world-wide logistics network of more than 25,000 military and civilian personnel providing combat capability through logistics.

Naval aviation soars in U.S. Pacific Fleet Rat-Pac Report podcast, blogs

Bill Doughty

U.S. Pacific Fleet Public Affairs

Carrier-based aviation is the featured topic in the Commander, U.S. Pacific Fleet Rat-Pac Report podcast posted June 10 and was a topic of discussion among Hawai'i bloggers this week

this week.

In the Rat-Pac Report, which is posted at www.cpf.navy.mil, Adm. Robert F. Willard said the advantage of naval aviation is, in part, due to its range and adaptability in achieving power projection and forward presence.

"Naval aviation on board our aircraft carriers is a means of projecting that form of combat power anywhere in the world, whereupon we're not reliant on foreign basing in order to project naval aviation power," said Willard.

"It's about the air wing and our Navy. As we continue to evolve naval aviation, advance to the F-35 strike fighter, advance our helicopter forces and advance the ways in which we are able to commandand-control naval aviation, we are keeping pace and, again, leading globally the application of this very unique form of combat power," Willard

The latest Rat-Pac Report podcast was posted just days after two bloggers, guests of the Pacific Fleet, offered their opinions on their blogs about naval aviation, aircraft carriers and Sailors serving in today's Navy.

Both bloggers had an up-close glimpse of carrier-based naval aviation when they embarked USS Ronald Reagan (CVN 76), enroute to the western Pacific.

"Really, words cannot express the experience," described L.P. "Neenz" Faleafine on her blog after landing on and taking off from the flight deck of an aircraft carrier, "so I'll just quote the certificate that was presented to me for completing the embark mission: "This honorary naval aviator experienced"

deceleration from 105 to 0 mph in two seconds and acceleration from 0 to 128 mph in three seconds." Faleafine also posted photos and video of her experience.

Ryan Ozawa wrote on his blog, "The experience was incredible, almost indescribable, leaving me awed, exhausted and immensely grateful - not merely for the opportunity to visit the carrier, but for everything the men and women of the U.S. Navy and our armed forces do."

Ozawa posted a nearly 13-minute video of his experience - from the arrested landing to the catapult launch.

As part of his video,

Ozawa interviewed Aviation Support Equipment Technician 2nd Class (SW/AW) Yancy Zuniga and asked him how he spends his free time underway.

"I lift weights and train with other island boys," said Zuniga, a 2004 graduate of Pahoa High School. "We train in martial arts, just like back home."

During their visit, they learned Ronald Reagan has 4,500 Sailors; 1,500 work for Carrier Air Wing 14, which deploys with 61 aircraft and about 90 pilots.

"Their dedication and commitment of serving in the United States Navy is admirable and as I drove home at the end of my day, all I could do was cry, for their allegiance to the United States, for their families that miss them, for our country and the world, for my freedom, for my life, liberty and my blessed right to pursue happiness," wrote Faleafine after her experience.

To learn more about naval aviation, visit www.cnaf.navy.mil.

To see what other bloggers nationwide say about their experiences with naval aviation and the U.S. Navy, or to join the conversation, visit http://twitter.com/flynavy.

For more news from Pacific Fleet, visit www.navy.mil/local/cpf/.

NAVFAC Hawai'i seeks public comment on public works project

Naval Facilities Engineering Command Hawai'i

Naval Facilities Engineering Command Hawai'i (NAVFAC HI) is seeking public comment for a public works project at Pearl City peninsula housing area to demolish/remove the existing lift station building structure, including the existing wet well, bar-screen inlet structure, pumps, piping, controls and all other appurtenances not needed and replace it with a new concrete slab, wet well and 310-gallon/minute duplex submersible pumps.

Once complete, a chain link fence and gate will be constructed around the facility. This public works project is scheduled to go through design/bid in July 2009, after which award and construction will be done. The new pump station, which will be raised above the wetland flooding, and new wet well will greatly decrease the amount of unnecessary water entering the sewage system during times of local area flooding.

The project site is located at the edge of an open field behind the Pearl City peninsula housing area Mini-Mart and is adjacent to the

wetlands. The work will be confined to the existing fenced area except for a possible dewatering pit that will be located in the adjacent open field. Additionally, while the new pump station is being constructed, a temporary above ground sewer pipe connecting into the existing force main will be used to handle the sewage and run from the project area to Lehua Avenue. The new wet well will be dug inside the fenced area and the old wet well will be abandoned in place. The contractor will also set up an equipment staging area near the project site.

The proposed site is within FEMA Flood Insurance Rate Map (FIRM) Zone AH (flood depths of one to three feet) and pursuant to Executive Order 11988 Floodplain Management. No significant direct, indirect or cumulative environmental impacts are expected as a result of the proposed project.

Send comments to: Navy Facilities Engineering Command Hawai'i, public affairs officer, Denise Emsley, 471-7300 or email Denise. Emsley@navy.mil. Comment deadline is July 2, 2009



Crommelin Baptism

Jetson Barron Fitzpatrick, son of Master-at-Arms 1st Class Cory Fitzpatrick and Mrs. Fitzpatrick, was recently baptized in the ship's bell aboard USS Crommelin (FFG 37). Fitzpatrick is assigned to Crommelin and has been in the Navy for eight years. The ceremony was performed by Cmdr. Keoster.

U.S. Navy photo by Ensign Raymond Miller